



# KHOI Daytime Schedule

## September 2023

www.khoifm.org

## 89.1 FM

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
6:00 – 6:30 AM	KHOI MUSIC MIX	6:00 AM – REPORT FROM THE WAR IN UKRAINE (REPLAY)	CAPITOL WEEK (REPLAY)	CAPITALISM, RACE, AND DEMOCRACY	CODE PINK RADIO	NUCLEAR HOTSEAT	SOUNDS IRISH with Joe Bolland	6:00 – 6:30 AM		
6:30 – 7:00 AM		6:15 AM – UKRAINE 2-4-2 (REPLAY) 6:45 AM – NEWS BITS	SPECIAL PROGRAMMING	A collective effort by producers from across the Pacifica Radio Network.	Robust conversation with global grassroots peacemakers, from Yemen to Venezuela to Iran to here in the U.S.	with Libbe HaLevy Keeping you up to date on all things nuclear, from a different perspective.		6:30 – 7:00 AM		
7:00 – 8:00 AM	CLASSICAL SUNDAY with Paul Hertz  Classical music from all times and places.	6:57 AM — 2023 TALKS: a daily 3-minute update on our democracy in historic times					Music by Irish artists, and music about Ireland from many musical genres.	7:00 – 8:00 AM		
		LOCAL TALK KHOI reports on people, stories, and events of Central Iowa.	LOCAL TALK KHOI reports on people, stories, and local events of central Iowa.	LOCAL TALK KHOI reports on people, stories, and events of Central Iowa.	LOCAL TALK KHOI reports on people, stories, and events of Central Iowa	LOCAL TALK KHOI reports on people, stories, and events of Central Iowa.				
8:00 – 9:00 AM	BAROQUE AND BEYOND with Michael White  A radio show devoted to Baroque and Classical Music (and “beyond”)	DEMOCRACY NOW! with Amy Goodman National and International News Magazine with breaking news, cutting edge progressive thinkers, and unheard grassroots voices					PAUL’S MAXIMUM POLKA AND TRIVIA with Paul Lundy History lessons and music of all genres.	8:00 – 9:00 AM		
9:00 – 10:00 AM		MORNING MASTERPIECES  Paul Hertz presents classical music from all times and places, with a focus on new and obscure compositions.	ALL THINGS PIANO with Tom Russell  Great classical and jazz piano, interviews of local and statewide pianists, and piano tech talk.	BAROQUE AND BEYOND with Michael White  A radio show devoted to Baroque and Classical Music (and “beyond”)	MORNING MASTERPIECES  Classical music with hosts David Stuart, Roger Berger and Ryan Sheeler	ADAGIO A one-hour weekly assembly of slowed-down bluesy, contemplative, deep and intentional music of all types. It’s primarily jazz and classical but all genres are welcome.	I AM IOWA ABLE Information, stories, and discussion of disability issues and us. Hosted by staff of the Iowa Able Foundation. <i>Alternating with</i> INSIGHT OF THE MIND Helping you pivot towards normalizing mental health during these most challenging of times.	9:00 – 10:00 AM		
		9:56 AM — CREATORS’ CALENDAR: Literature from poets and writers past and present, relevant to this day in history								
10:00 – 10:30 AM	CLASSICAL TONES with Alan Bloom  Classical Tones is a weekly two-hour bilingual show of classical music “with a Latin connection”.	RADIO FREE BLUES with Larry Becker  A guided tour of mostly prominent and some obscure blues artists.	CLASSICAL TONES with Alan Bloom  Classical Tones is a weekly two-hour bilingual show of classical music “with a Latin connection”.	HOT JAZZ REVIEW with John Basart  Jazz composed during, or in the style of, the ‘20s and ‘30s, played by historic and contemporary big bands.	JUKE IN THE BACK with Matt the Cat  1940s & ‘50s Rhythm & Blues: The SOUL That Came BEFORE Rock n’ Roll!	ALL MIXED UP with DJ Peter Bochan  Cutting edge music mix from New York City with sounds from current events.	RADIO CURIOUS <i>alternating with</i> CLIMATE MATTERS IN AMES with Mary Richards & Lee Ann Willson	10:00 – 10:30 AM		
10:30 – 11:00 AM							THE MOP TOPS AND THE KING with Steve Chelmsford  The Beatles and Elvis Presley with some fun surprises in between.	BOB’S 8-TRACK GARAGE SALE Music played directly from The only live 8-track radio show in the world featuring the late ‘60s – early ‘80s. Celebrating outdated technology.	SCIENCE BYTES (REPLAY) with Sam Wormley & Mike Meetz	10:30 – 11:00 AM
11:00 – 11:30 AM									SENIOR MOMENTS with Phyllis Schrag Highlighting the lives of senior adults living & thriving here in Central Iowa.	11:00 – 11:30 AM
11:30 AM – NOON							THETOM & DOUG SHOW Hilarity, music, and talk of life.	11:30 AM – NOON		
NOON – 12:30 PM	CLASSICAL SUNDAY  Classical music with hosts David Stuart and Ryan Sheeler  <i>Alternating with</i>	WITH GOOD REASON With Good Reason brings together higher education institutions and Virginia Humanities to make scholarly research accessible to all. Exciting discoveries, rigorous debates, and new knowledge.	DONNALONNA KITCHEN Chef Donna Prizgintas and farmer Lonna Nachtigal explore the local food scene with lively discussion and good humor.	CAPITOL WEEK (REPLAY) Dennis Hart and Laura Belin report on what’s happening in the Iowa Statehouse.	ARTS EXPRESS with Prairie Miller  A vibrant anthology mix of cultural news, views, interviews, and art.	12:00 PM – REPORT FROM THE WAR IN UKRAINE with Sztitana Zbarska, 12:15 PM – UKRAINE 2-4-2 with Anne Levine, from Kraina FM in Ukraine 12:45 PM – NEWS BITS	WRITER’S VOICE with Francesa Rheannon  A national radio show featuring author interviews, readings, and reviews.	NOON – 12:30 PM		
12:30 – 1:00 PM		12:57 PM — 2023 TALKS: a daily 3-minute update on our democracy in historic times						12:30 – 1:00 PM		
1:00 – 1:30 PM		COMMUNITY BOOK SHELF Books, short stories, and poetry by local authors, read by the authors and local narrators.			SPROUTS: RADIO FROM THE GRASSROOTS Showcasing independent community media.		ALTERNATIVE RADIO with David Barsamian  Political interviews and speeches by leading thinkers.	ARTS EXPRESS with Prairie Miller  A vibrant anthology mix of cultural news, views, interviews, and art.	1:00 – 1:30 PM	
1:30 – 2:00 PM	BEETHOVEN TO BERNSTEIN with Roger Berger  Focusing on nineteenth and twentieth century music, as well as local musicians.	LAURA FLANDERS SHOW In-depth conversations about change and change-making with leading thinkers and doers, with commentaries and field reports.	THIS WAY OUT Internationally distributed weekly LGBTQ radio program — all the information and culture of a community on the move!	BETWEEN THE LINES Progressive perspectives on national and international political, economic and social issues.	MAKING CONTACT Radio stories and voices to take action.			1:30 – 2:00 PM		
2:00 – 3:00 PM	ALL THINGS PIANO with Tom Russell Great classical and jazz piano, interviews of local and statewide pianists, and piano tech talk.	UPFRONT SOUL with Sanguine Fromage  120 minutes of soulful sounds to which you may get down. Funk, soul, and jazz, plus sprinklings of R&B, gospel, and hip-hop.	SPECIAL PROGRAMMING  Special programming, new each week.	OUT OF THE WOODS with Jon Colcord  Roots music with new releases from the worlds of folk, bluegrass, singer-songwriters, alt.country, Americana, classic country, old-time, Celtic, and everything that falls in between.	YOU NAME IT  Mike Murphy plays music for the times and emotions of the world we live in; the first hour features recorded music, the second hour features recordings of concert performances.	MUSIC RARE AND WELL DONE (REPLAY) with The Dream Doctor  Eclectic music across many cultures.	CURTAIN UP: BROADWAY MUSICALS & MORE with the late Carole Horowitz and Roger Berger	2:00 – 3:00 PM		
3:00 – 4:00 PM	SUNDAY AFTERNOON OPERA with David Stuart Arias, scenes, and full operas, telling the story as well as playing the music. All operas, from the earliest baroque to the latest modern opera; overviews of locally-presented operas.	3:55 PM — CREATORS’ CALENDAR: Literature from poets and writers past and present, relevant to this day in history					Broadcasts from the KHOI archives of original cast albums from musical theater productions, hosted by the late Carole Horowitz and co-host Roger Berger.	3:00 – 4:00 PM		

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Live Stream and Program Archives  
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# KHOI Evening Schedule

## September 2023

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
4:00 – 4:30 PM	ALL MIXED UP (REPLAY) with DJ Peter Bochan  Cutting edge music mix from New York City with sounds from current events.	MONDAY AFTERNOON SPECIAL  Special programming, new each week.	WINGS - Women's International Newsgathering Service	THE FALLON FORUM with Ed Fallon  Civil discourse from the entire political spectrum on Iowa and global issues.	SEA CHANGE RADIO: Covering the shift to social, environmental, and economic sustainability.	BIG PICTURE SCIENCE Seth Shostak and Molly Bentley  Lively, intelligent, and funny storytelling about big questions and modern science research.	BOB'S 8-TRACK GARAGE SALE (REPLAY)  Music played directly from The only live 8-track radio show in the world featuring the late '60s – early '80s. Celebrating outdated technology.	4:00 – 4:30 PM	
4:30 – 5:00 PM			SCIENCE BYTES (REPLAY) Ames scientists Sam Wormley and Mike Meetz promote science through information accessible to the general public.		FOOD SLEUTH RADIO: Melinda Hemmelgarn interviews national experts in food, health and agriculture.			5:00 – 5:30 PM	
5:00 – 5:30 PM			LETTERS & POLITICS with Mitch Jeserich A look at burning political issues and debates, and their historical context, within the US and worldwide.				ECONOMIC UPDATE with Richard Wolff Experts discuss the current state of the economy, nationally and globally.	MUSIC FOR THE MOUNTAIN Featuring that hard-driving bluegrass sound, with a mix of classic and new songs running the gamut from Bill Monroe to Balsam Range.	5:00 – 5:30 PM
5:30 – 6:00 PM							COUNTERSPIN Media review and critique.		5:30 – 6:00 PM
6:00 – 7:00 PM	PAUL'S MAXIMUM POLKA AND TRIVIA with Paul Lundy History lessons and music of all genres.	DEMOCRACY NOW!: National and International News Magazine with breaking news, cutting edge progressive thinkers, and unheard grassroots voices					"KICKIN IT" FOR PEACE AND CULTURE with Rick Haggerty	6:00 – 7:00 PM	
7:00 – 7:30 PM	RHYTHM IS OUR BUSINESS WITH THE WEISS COLLECTION  Cynthia McClure presents classic jazz and big band music to dance to from the extensive music library of the late Harry Weiss.	CAPITOL WEEK  Dennis Hart and Laura Belin report on what's happening in the Iowa Statehouse.	DONNALONNA KITCHEN  Chef Donna Prizgintas and farmer Lonna Nachtigal explore the local food scene with lively discussion and good humor.	MOCCASIN TRACKS with Deb Reger and Rick Hunt  Interviews and news featuring voices of the Original Peoples. Music by Native American musicians.	ECOJUSTICE RADIO with Jessica Aldridge and Carry Kim  Environmental and climate stories from a social justice frame, featuring voices not necessarily heard on mainstream media.	OLDIES TIME MACHINE with Steve Summers  Listen for the diner tune, the Motown Memory, the doo wopper, the instrumental nugget and the Elvis Moment.	"Kickin' It" For Peace, Culture & Education, a musically significant and fun show devoted to musical themes (with commentary), such as musical anniversaries, honoring musician birthdays and musician passing.	7:00 – 7:30 PM	
7:30 – 8:00 PM		GREEN STREET NEWS: THE ENVIRONMENTAL HEALTH SHOW						7:30 – 8:00 PM	
8:00 – 8:30 PM	TRANSWORLD AIRWAVES	COMMUNITY BOOK SHELF: Books, short stories, and poetry by local authors, read by the authors and local narrators.			I AM IOWA ABLE (REPLAY) Information, stories, and discussion of disability issues and us. Hosted by staff of the Iowa Able Foundation.	SPECIAL PROGRAMMING  Special programming, new each week.	SOULFUL EXPRESS with Ron Latson  Sit Back, Relax. Let "Soulful Express Radio" take you on an incredible journey of Classic and New Urban Contemporary Music, Hip-Hop, Blues, Neo Soul, Dance and Funk. So, SIT BACK, RELAX and ENJOY your ride on the Soulful Express.	8:00 – 8:30 PM	
8:30 – 9:00 PM	A cross-cultural musical journey united in voices and rhythms, through international sounds rooted from the past, present, and future.	THE TOM & DOUG SHOW with Tom Florek and Doug Gentile  Hilarity, music, and talk of life.	THE ANNA JINJA SHOW with Anna Jinja Mather  Creating a world where everyone has a loving adoption experience.	BOOKWAVES with Richard Wolinsky  In-depth interviews with authors of fiction and narrative non-fiction.	Alternating with INSIGHT OF THE MIND (REPLAY) Helping you pivot towards normalizing mental health during these most challenging of times.			8:30 – 9:00 PM	
9:00 – 10:00 PM	GLOBAL MUSIC BY WOMEN with DJ Madame B  Celebrating Global Music by Women	YOU NAME IT with Mike Murphy  Free Form Radio with a different theme each week.	ECLECTIC MIX with Todd Hageman  An eclectic mix of music.	WRITER'S VOICE with Francesa Rheannon A national radio show featuring author interviews, readings, and reviews.	SCHOLARS' CIRCLE: Connecting the public to scholars, deepening understanding, and counteracting polarization.	THE GRATEFUL DEAD HOUR with David Gans	AND YOU DON'T STOP  Epicenter of international hip-hop, hip-hop news, and rap music featuring global sounds from many countries. Hosted by the famous Chuck D of Public Enemy.	9:00 – 9:30 PM	
10:00 – 11:00 PM	SONG OF THE SOUL with Mark Helpsmeet Song of the Soul invites you to a soul-level encounter. Music has the ability to proclaim the soul's language beyond what mere words can speak.		MUSIC RARE & WELL DONE  The Dream Doctor plays rare deep cuts of all types of music from various genres.	WHAT'S THE FREQUENCY, KENNETH? A "newsical" series from Paul Fischer, who wrote for Dan Rather for 24 years on the CBS Evening News.	SPECIAL PROGRAMMING			9:30 – 10:00 PM	
11:00 PM – MIDNIGHT	THE FLOWER POWER HOUR with Ken and MJ Rundel  It's a flashback to the Golden Age of Flower Power, dedicated to that era's vibe – peace, love, and rock and roll.	LE SHOW with Harry Shearer  A look at the worlds of media, politics, cyberspace, sports and show business while providing an eclectic array of music along the way.	BANTUNAUTS RAYDIO with DJ Charles Ray and Bibi Mwamba  Traveling through the cultures of Africa and the African Diaspora.	NIGHT TRAIN COCKTAIL LOUNGE with Brian Manley	Special programming, new each week.	DARK SIDE OF THE TUNE with Immortus X The Dark Side of the Tune delightfully genre hops between just about anything strange or off the beaten path. The deftly edited mixed media production creates a bizarre psychedelic landscape designed to take listeners on a twisted journey of discovery, terror and redemption. We all hear better in the Dark.	INDIGENOUS IN MUSIC with Larry K  New and original music from our Indigenous musicians of the western hemisphere.	11:00 PM – MIDNIGHT	
MIDNIGHT – 12:30 AM	CAFE CHILL with Seth Bolin  Chilly beats and brisk sounds.	DEEP THREES with John Burgund  The weekly radio show that brings you eclectic instrumental soundscapes that fuse jazz, electronica, soundtracks, modern classical, experimental music and more.		PLANETARY RADIO Perspectives on the exploration of our solar system and beyond.	MUSIC MUSEUM with Ed Foster  The Music Museum has an array of listening galleries for the adventurous music enthusiast. Each gallery has a music theme, and can provide the listener with new experiences of music. Lots of Indie and Pop music, but anything goes.	The Music Museum has an array of listening galleries for the adventurous music enthusiast. Each gallery has a music theme, and can provide the listener with new experiences of music. Lots of Indie and Pop music, but anything goes.		THAT DRIVING BEAT  Rare and obscure soul, R&B, northern soul, popcorn, garage rock, British beat, and other Mod dance 45 rpm singles from the late 1950s to the early 1970s.	MIDNIGHT – 12:30 AM
12:30 – 1:00 AM				WINGS – Women's International Newsgathering Service	THE FLIP SIDE with Mr. C Mr. C plays both the A and B sides of real 45 RPM records!				12:30 – 1:00 AM
1:00 – 2:00 AM								1:00 – 2:00 AM	
2:00 – 3:00 AM	KHOI MUSIC MIX		KHOI MUSIC MIX	KHOI MUSIC MIX			KHOI MUSIC MIX	2:00 – 3:00 AM	
3:00 – 5:00 AM		KHOI MUSIC MIX			KHOI MUSIC MIX	KHOI MUSIC MIX	KHOI MUSIC MIX	3:00 – 5:00 AM	

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